

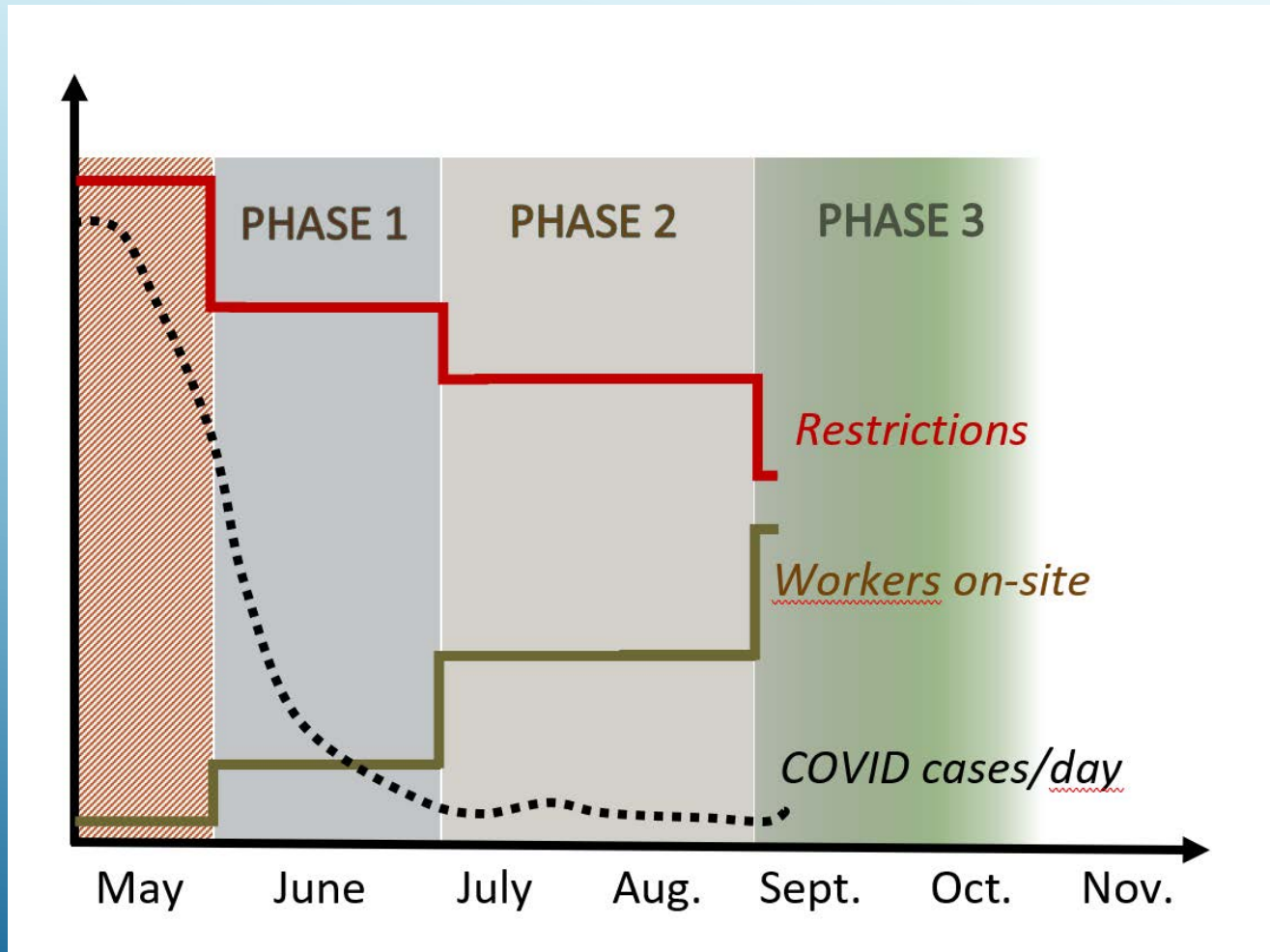
MEAKINS-CHRISTIE LABORATORIES

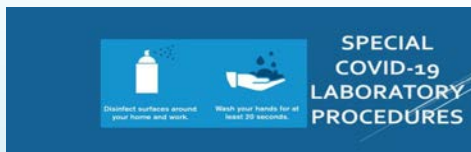


Resuming Research Activities – Phase III Training for Staff and Trainees

Sept. 8th, 2020 Séverine Audusseau & Inga Murawski

RESUMING RESEARCH ACTIVITIES – PHASE 3





PHASE 3



WHEN, WHERE AND WHAT

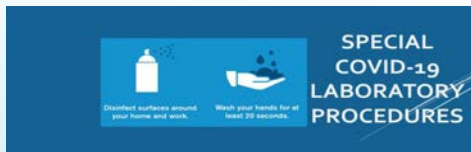
Starting September 1st

A majority of measures remains from phase 1 and 2

New rules are now in place...

Refer to

- **RI-MUHC Portal**
- Phase 3 guidelines
- FAQ
- **Meakins-Christie website**
- The current presentation will be posted
- Procedures and SOPs



PHASE 3

ZERO TOLERANCE FOR ILLNESS
Anyone with symptoms of illness
MUST NOT report to work



call 44FLU



What is a contact with COVID person?

More than 10 min of contact within 2 meters, without PPE



SPECIAL
COVID-19
LABORATORY
PROCEDURES

PHASE 3



COVID-19 SPREADING PREVENTION MEASURES

1 - Keep your hands clean

- ✓ Wash your hands **often** with soap and water for at least 20 seconds.
- ✓ Wash hands everytime you **ENTER** and when you **LEAVE** an area
- ✓ Where you cannot wash your hands with soap, use alcohol-based hand sanitizer
- ✓ Avoid touching your eyes, nose and mouth.
- ✓ Cough or sneeze into the bend of your arm.
- ✓ Avoid touching surfaces people touch often.





PHASE 3



COVID-19 SPREADING PREVENTION MEASURES

2 - Keep your environment / workplace clean

- ✓ Define and delimitate individual workspace
 - ☞ avoid sharing of small equipment (pipettes, scissors, box of tips, timers...)
- ✓ Disinfect your workplace
- ✓ Disinfect shared equipment
 - ☞ work surface, parts of the instruments that are touched to operate the equipment, including the operating buttons, keyboard and the computer mouse. Shared equipment can include pipettes, pens...



Disinfect each workspace
BEFORE and AFTER USE



PHASE 3



WARNING RISKS OF DAMAGE



- ✗ Do not spray liquids directly on electronic parts such as keyboards, computers, monitors...
 - ✗ Monitor screen is a fragile part of the computer: use a very soft tissue
 - ✗ Although bleach is a very efficient disinfectant, it is corrosive!
- Do not use bleach on stainless and metal parts neither on equipment (unless specified by manufacturer)
- ✗ Do not wipe the SIP of the cytometers!
 - ✗ For microscopes, use only dry lens papers on objectives

PHASE 3

COVID-19 SPREADING PREVENTION MEASURES

3 -Keep your distance

- ✓ No more than one person can work in the small room such as alcoves and PI offices.
- ✓ Look for max occupancy signs



ATTENTION

Cette salle This room can
peut accueillir accommodate

6

personnes. people.

SVP Please

Gardez Ensure
une distance 2-metre
de 2 mètres à distance at
tout moment. all times.

Ne partagez pas Do not
de nourriture share food
ou de boisson. or drink.

Nettoyez Clean the
la surface eating surface
avant et après before and
utilisation. after use.

Merci. Thank you.

Centre universitaire
de santé McGill
 
 McGill University
Health Centre



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COVID-19
LABORATORY
PROCEDURES

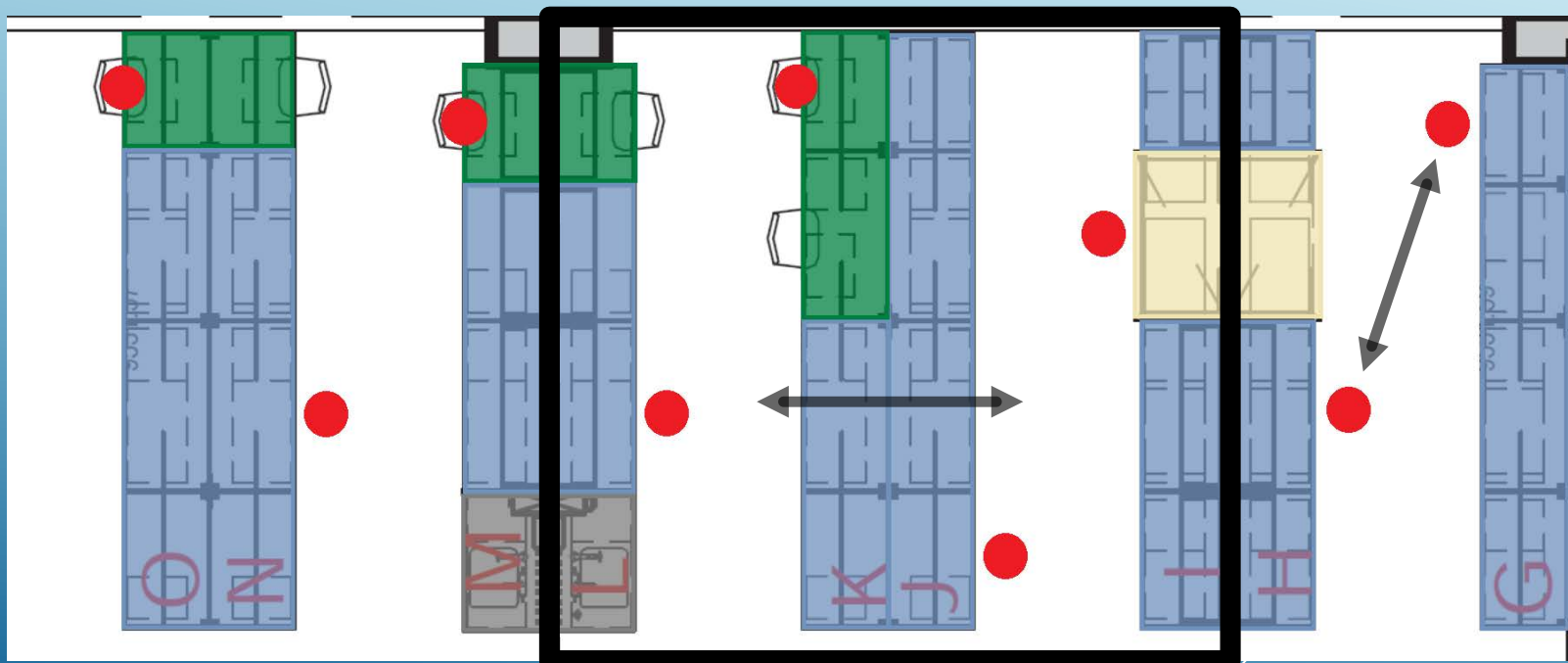
PHASE 3



IMPORTANT RESTRICTIONS

Limited presence on worksite favors distancing

No more than 4 PEOPLE PER MODULE (1 person/ bench)
at any given time





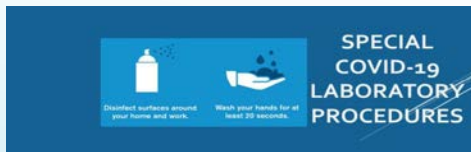
PHASE 3



COVID-19 TeamUp Calendar helps managing and tracking occupancy

- ✓ One calendar per PI (or per lab)
- ✓ Help for anticipating traffic in the lab and respecting social distancing.
- ✓ All personnel entering the labs **MUST sign-up** on their **respective calendars before coming to the lab**
- ✓ At any given time: **4 PEOPLE PER MODULE**
- ✓ Other people can be present on-site in other facilities at the same time (e.g. flow cytometry room, animal facility...)
- ✓ New trainees must write the name of direct supervisor.

Other Equipment TeamUp Calendar AS USUAL



PHASE 3



Training on qPCR

×

🕒 From 03/09/2020 7:00

✓ Save

To 03/09/2020 8:00

⚙️ Options ▾

☐ All day

☐ Repeats

🔔 Reminders 0 enabled

📅 Calendar

✕ Divangahi E03.2379 / E03.2371 (6+2max)

👤 Full Name (required)

Severine AUDUSSEAU

✉️ Email address (required)

severine.audusseau@mcgill.ca

📍 Location (required)

Select or type

📝 Description

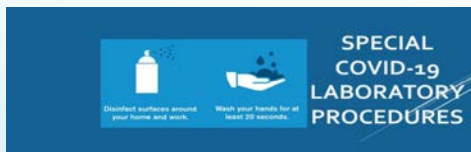
🏠 Lab bench / Alcove

🦠 ARD

💻 Office / Admin

🍽️ Atrium / Cafeteria

📝 Other (please specify)



PHASE 3



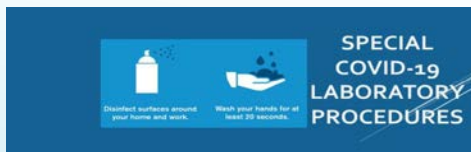
IMPORTANT RESTRICTIONS

Restrictions apply in Common Area (1)

❖ STUDENT ROOMS

- ✓ Trainees can work in the student rooms during pausing in activity on the lab bench (e.g. experiment incubation time)
- ✓ Whenever possible, analyses and writing should be done at home.
- ✓ Hand hygiene and surface disinfection apply
- ✓ Wear a mask
- ✓ Keep your distance: use the signs
- ✓ No personal belongings can remain on desks.

**DESK IN
USE**



PHASE 3

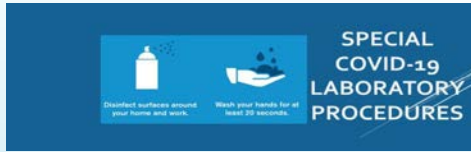


IMPORTANT RESTRICTIONS

Restrictions apply in Common Area (2)

❖ CONFERENCE ROOMS & PI OFFICES

- ✓ No weekly lab meetings: phase 3 allows for increasing the capacity for experimental work
- ✓ Obey the limits to maximum occupancy posted on the door of each conference room.
- ✓ Only one person per PI office at a time



PHASE 3



IMPORTANT RESTRICTIONS

Restrictions apply in Common Area (3)

❖ LUNCH ROOMS

- ✓ As much as possible, eat in the Atrium or outside
- ✓ One person per table maximum
- ✓ Wipe down the table and the microwave **BEFORE and AFTER** use
- ✓ Wash your hands

COVID-19 SPREADING PREVENTION MEASURES

4- Wear a mask or a face covering

- ✓ Wearing a face covering is required at all time in hallways, laboratories, conference rooms, elevators, administrative spaces and bathrooms.
- ✓ Both reusable face covering, or disposable masks can be used (provided by PI).
- ✓ We recommend to not work in the mask you wore upon arrival at CTB, and that you do not leave in the mask you wore while working.



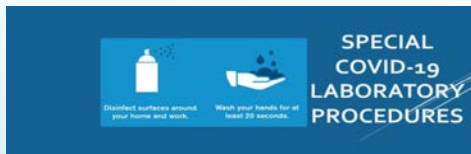
PHASE 3

IN-PERSON TRAINING

4- Wear a procedure mask

- ✓ Surgical procedure masks are **mandatory** where prolonged interactions within 2m cannot be avoided (eg. training, surgery).
- ✓ Where can I be provided PPE: ask your lab manager or Séverine (ext. 76335)





PHASE 3



WHO IS RESPONSIBLE?

- ✓ Each and all of us, trainees, staff and investigators, we **share responsibility** for the respect of these rules.
- ✓ PI are responsible for organizing the work and the space in order to support compliance with these measures.
- ✓ Non-compliance with safety protocols within a lab/research space is to be reported to your PI first.

**Following instructions
saves lives.**



Practicing
hand hygiene



Keeping
your distance



Coughing into
your sleeve



Properly
protecting
yourself



Cleaning and
disinfecting

20-20-TPA



SPECIAL
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LABORATORY
PROCEDURES



QUESTIONS ?

STAY SAFE !

ALTERNATIVES TO HANDSHAKES, HUGS, HIGH FIVES AND HONGI



THE WAVE



THE HAND ON HEART



NAMASTE



NZSL: HOW ARE YOU?



THE 'HI-BROWS'



THE 'ALL GOOD' NOD



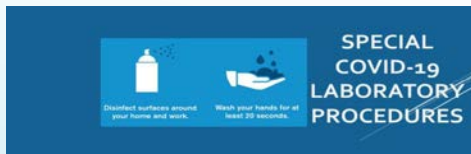
THE 'EAST COAST WAVE'



THE 'WHAT A WORLD EH?'

@SIOUXSIEW @XTOTL thespinoff.co.nz

CC-BY-SA



PHASE 3 - SUMMARY

- ✓ 4 people per module at any given time
- ✓ Additional people in other facilities
- ✓ Mandatory sign up on COVID TeamUp calendar
- ✓ Zero tolerance for illness
- ✓ Strict hand hygiene when entering and leaving areas
- ✓ Strict surface disinfection of areas before and after use
- ✓ Face covering at all time in all shared common area
- ✓ Procedure Masks mandatory for prolonged inter-personal interactions within 2m
- ✓ Watch for mandatory room occupancy restrictions